



SHOTOKAN KARATE-DO of UNITED NATIONS

SKDUN European/World Karate Championship

Brown and Black belts only (3rdKyu and above)

CATEGORIES AND RULES

INDIVIDUAL KATA

001. CHILDREN, 10 – 11 years male, all grades.	Elimination kata: Shitei kata + Tekki Shodan
002. CHILDREN, 10 – 11 years female, all grades.	Elimination kata: Shitei kata + Tekki Shodan
003. MINICADETS, 12 – 13 years male, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
004. MINICADETS, 12 – 13 years male, Dan grades.	Elimination kata: Shitei kata + Tekki Shodan
005. MINICADETS, 12 – 13 years female, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
006. MINICADETS, 12 – 13 years female, Dan grades.	Elimination kata: Shitei kata + Tekki Shodan
007. CADETS, 14 – 15 years male, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
008. CADETS, 14 – 15 years female, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
009. JUNIORS, 16 – 17 years male, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
010. JUNIORS, 16 – 17 years female, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
011. + 18 YEARS SENIORS male, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan
012. + 18 YEARS SENIORS female, 3 – 1 Kyu.	Elimination kata: Shitei kata + Tekki Shodan

Kata rules for categories: 001 - 012: All rounds by points system (Tensu hoshiki).

Limit of participation: 4 competitors per country per category in categories Children, Minicadets and Veterans, and 2 competitors per country per category in categories Cadets, Juniors, Youths and Seniors.

The competitors in each category will compete in the elimination rounds down to 8 competitors (semi-final round), then down to 4 (final round).

Two competitors at the same time in elimination rounds, AKA / SHIRO.

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

Elimination rounds – Shitei kata: **Heian Shodan, Nidan, Sandan, Yondan, Godan and Tekki Shodan**

Semi-final round (top 8 competitors) will perform Tokui kata, their choice from **Heian Godan, Tekki Shodan, Bassai Dai, Kanku Dai, Jion, Empi, Hangetsu.**

Final round (top 4 competitors) the competitor can perform any of the 26 kata in the SKDUN Shotokan syllabus except any kata that has been performed in the elimination rounds.

- 013. CADETS, 14 – 15 years male, Dan grades.
- 014. CADETS, 14 – 15 years female, Dan grades.
- 015. JUNIORS, 16 – 17 years male, Dan grades.
- 016. JUNIORS, 16 – 17 years, female, Dan grades.
- 017. YOUTHS, 18 – 20 years, male, Dan grades.
- 018. YOUTHS, 18 – 20 years, female, Dan grades.
- 019. SENIORS, Over 21 years male, Dan grades.
- 020. SENIORS, Over 21 years female, Dan grades.
- 021. VETERANS, 40 – 49 years male, Dan grades.
- 022. VETERANS, 40 – 49 years female, Dan grades.
- 023. VETERANS, 50 – 59 years male, Dan grades.
- 024. VETERANS, 50 – 59 years female, Dan grades.
- 025. VETERANS, over 60 years male, Dan grades.
- 026. VETERANS, over 60 years female, Dan grades.

Kata rules for categories: 013 – 026, Dan grades: All rounds by points system (Tensu hoshiki).

Limit of participation: 4 competitors per country per category in Veterans categories, and 2 competitors per country per category in categories Cadets, Juniors, Youths and Seniors.

The competitors in each category will compete in the elimination rounds down to 8 competitors (semi-final round), then down to 4 (final round).

Two competitors at the same time in elimination rounds, AKA / SHIRO.

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

Elimination rounds for:

CADETS: Sentei kata: **Bassai Dai, Empi and Jion**

JUNIORS and **YOUTHS:** Sentei kata: **Bassai Dai, Empi, Jion and Kanku Dai**

SENIORS and **VETERANS:** Sentei kata: **Bassai Dai, Empi, Jion, Kanku Dai and Hangetsu**

Semi-final (top 8 competitors): **Tokui kata** (see the approved kata list for the competitor grade)

Final round (top 4 competitors): **Tokui kata, no repeat of previously performed kata** (see the approved kata list for the competitor grade).

For choice of Tokui kata see the approved kata list appropriate to the competitors age and grade (the list can be found in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>)

Kata rules for Asai ha Shotokan ryu: All rounds Tokui kata by points system (Tensu hoshiki).

027. Asai ha Shotokan ryu kata (Over 18 years) SENIORS male

028. Asai ha Shotokan ryu kata (Over 18 years) SENIORS female

131. Asai ha Shotokan ryu kata (14 – 17 years) JUNIORS male

132. Asai ha Shotokan ryu kata (14 – 17 years) JUNIORS female

Limit of participation: 4 competitors per country per category.

The competitors in each category will perform Tokui kata in one elimination round down to semi-final of 8 competitors (one competitor at a time).

In the semi-final, these 8 competitors will perform different Tokui kata (their choice from the approved list), the 4 competitors with the highest scores will perform a different Tokui kata in the final round (for 1st, 2nd and 3rd medal place).

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

KATA TEAMS

All rounds by point system (Tensu hoshiki).

Elimination rounds – Tokui kata.

Final round, the 4 teams with the highest scores from the elimination round, will perform different Tokui kata.

In the case of a draw, teams must perform a different kata to the ones performed in previous rounds.

Limit of participation: 2 teams per country are accepted in each category.

The Tokui kata must be selected from the approved list and be appropriate for the lowest grade in the team.

For choice of Tokui kata see the approved kata list appropriate to the competitors age and grade in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>

CADET TEAMS (Minicadets + Cadets), 12 – 15 years.

029. CADET MALE

030. CADET FEMALE

031. CADET MIXED

Cadet team may include one competitor from children category (10-11 years old)

JUNIOR TEAMS (Juniors + Youths), 16 – 20 years

032. JUNIOR MALE

033. JUNIOR FEMALE

034. JUNIOR MIXED

Junior team may include one competitor from cadet category (12-15 years old)

SENIORS TEAMS (Over 21 years)

035. SENIOR MALE

036. SENIOR FEMALE

037. SENIOR MIXED

Senior team may include one competitor from junior category (16-20 years old)

VETERANS TEAMS (Over 40 years)

038. VETERAN MALE

039. VETERAN FEMALE

040. VETERAN MIXED

Veterans team may include ONLY one competitor from seniors but over 30 years old

KUMITE INDIVIDUAL: IPPON SHOBU

Kumite rules: Ippon Shobu (2 waza-ari or 1 Ippon) for all categories.
Senior individual kumite, Male and Female finals – Sanbon Shobu.

Duration of matches is specified for each age group.

Limit of participation: 4 competitors per country per category in categories Children, Minicadets and Veterans, and 2 competitors per country per category in categories Cadets, Juniors, Youths and Seniors.

Note: Competitors who compete in Shobu Ippon Jiyu Kumite can also participate in Sanbon Shobu and Jiyu Ippon Kumite categories

CHILDREN 10 – 11 years, 1 minute 30 seconds

041. Male -34 kg 042. Male -40 kg 043. Male +40 kg 044. Female -40 kg 045. Female +40 kg

MINICADETS 12 – 13 years, 1 minute 30 seconds

046. Male -43 kg 047. Male -53 kg 048. Male +53 kg 049. Female -50 kg 050. Female +50 kg.

CADETS 14 – 15 years, 2 minutes

051. Male -57 kg 052. Male -67 kg 053. Male +67 kg 054. Female -53 kg 055. Female +53 kg

JUNIORS 16 – 17 years, 2 minutes

056. Male -63 kg 057. Male -73 kg 058. Male +73 kg 059. Female -57 kg 060. Female +57 kg

YOUTHS 18 – 20 years, 2 minutes

061. Male -70 kg 062. Male -78 kg 063. Male +78 kg 064. Female -58 kg 065. Female +58 kg

SENIORS over 21 years, 2 minutes (final match 3 minutes sanbon shobu)

066. Male -70 kg 067. Male -80 kg 068. Male +80 kg 069. Female -58 kg 070. Female +58 kg

VETERANS (40-49 years) 2 minutes

071. VETERAN Male – 82 kg 072. VETERAN Male + 82 kg 073. VETERAN Female Open

VETERANS (50-59 years) 2 minutes

074. VETERAN Male Open 075. VETERAN Female Open

VETERANS (OVER 60 years) 2 minutes

076. VETERAN Male Open 077. VETERAN Female Open

Note: Veterans and Youths can also participate in Senior individual category events

078. MALE SENIORS Open category (over 18 years old only) 2 minutes (final match 3 minutes sanbon shobu)

079. FEMALE SENIORS Open category (over 18 years old only) 2 minutes (final match 3 minutes sanbon shobu)

133. MALE JUNIORS Open category (16 – 17 years) 2 minutes (final match 3 minutes sanbon shobu)

134. FEMALE JUNIORS Open category (16 – 17 years) 2 minutes (final match 3 minutes sanbon shobu)

135. MALE YOUTHS Open category (18 – 20 years) 2 minutes (final match 3 minutes sanbon shobu)

134. FEMALE YOUTHS Open category (18 – 20 years) 2 minutes (final match 3 minutes sanbon shobu)

KUMITE INDIVIDUAL: SANBON SHOBU

Kumite rules: Sanbon Shobu (6 waza-ari or 3 Ippon) for all categories.

Duration of matches is specified for each age group.

Limit of participation: 4 competitors per country per category in categories Children, Minicadets and Veterans, and 2 competitors per country per category in categories Cadets, Juniors, Youths and Seniors

Note: Competitors who compete in Jiyu Kumite Sanbon Shobu can also participate in Jiyu Kumite Ippon Shobu and Jiyu Ippon Kumite. Countries that have **Children, Minicadets and Cadets competing in Sanbon Shobu MUST also register competitors in Jiyu Ippon Kumite**, according with the number of competitors admitted per country.

CHILDREN 10 – 11 years, 2 minutes

080. Male -34 kg 081. Male -40 kg 082. Male +40 kg 083. Female -40 kg 084. Female +40 kg

MINICADETS 12 – 13 years, 2 minutes

085. Male -43 kg 086. Male -53 kg 087. Male +53 kg 088. Female -50 kg 089. Female +50 kg.

CADETS 14 – 15 years, 2 minutes

090. Male -57 kg 091. Male -67 kg 092. Male +67 kg 093. Female -53 kg 094. Female +53 kg

JUNIORS 16 – 17 years, 2 minutes

095. Male -63 kg 096. Male -73 kg 097. Male +73 kg 098. Female -57 kg 099. Female +57 kg

YOUTHS 18 – 20 years, 2 minutes

100. Male -70 kg 101. Male -78 kg 102. Male +78 kg 103. Female -58 kg 104. Female +58 kg

SENIORS over 21 years, 2 minutes (final match 3 minutes sanbon shobu)

105. Male -70 kg 106. Male -80 kg 107. Male +80 kg 108. Female -58 kg 109. Female +58 kg

Note: Veterans and Youths can also participate in Senior individual category events

JIYU IPPON KUMITE

Jiyu Ippon Kumite rules: The criteria for judgement is the same as for Jiyu Kumite, but no scores or penalties will be awarded during the match.

The match will comprise of 6 attacks: jodan-zuki, chudan-zuki, mae-geri chudan, yoko-geri kekomi chudan, mawashi-geri chudan or jodan (must state the target), ushiro-geri chudan. The defender will block and counter using **go-no-sen** (any block and counter attack combination). Each attack will be conducted first by aka then shiro i.e. aka attacks jodan-zuki, shiro blocks and counter attacks, then shiro attacks jodan-zuki, aka blocks and counter attacks etc. The decision will be made by Hantei at the end of the match. Competitors who compete in Jiyu Ippon Kumite can also participate in Jiyu Kumite (Ippon Shobu and Sanbon Shobu).

<http://www.skdun.org/competition-rules/rule-book/> and demonstration video on SKDUN YouTube channel

<https://www.youtube.com/watch?v=fSsa9N3peEQ&t=243s> part 1 and part 2

<https://www.youtube.com/watch?v=XUBsJqnE1JA&t=31s>

Limit of participation: 2 competitors per country per category.

CHILDREN 10 – 11 years

110. Male Open Jiyu Ippon Kumite. **111. Female Open Jiyu Ippon Kumite.**

MINICADETS 12 – 13 years

112. Male Open Jiyu Ippon Kumite. **113. Female Open Jiyu Ippon Kumite.**

CADETS 14 – 15 years

114. Male Open Jiyu Ippon Kumite. **115. Female Open Jiyu Ippon Kumite.**

JUNIORS 16 – 17 years

116. Male Open Jiyu Ippon Kumite. **117. Female Open Jiyu Ippon Kumite.**

MASTERS

The most important event on Sunday will be the prestigious Masters competition.

All countries entered shall nominate their best Female and Male competitor over 18 years of age that will compete in Kata and Kumite for the ultimate title of Grand Champion.

This is an elimination competition, competitors compete against each other performing Kata then Shobu Ippon kumite, the competitors are judged against both performances, not necessarily about winning at either Kata or Kumite.

Judgement is by flag system (Kohaku Hoshiki).

118. MASTERS - SENIOR MALE, Kata and Kumite (over 18 years old only)

119. MASTERS - SENIOR FEMALE, Kata and Kumite (over 18 years old only)

One competitor per country, selected and entered on Saturday.

KUMITE TEAMS

Limit of participation: 2 teams per country in each team kumite category.

Kumite rules for teams: Ippon Shobu (2 waza-ari or 1 Ippon) for all categories.

CADET TEAMS (Minicadets + Cadets) 12 – 15 years, each match 1 minute 30 seconds

120. Cadets male - 57 kg (3 + 1 reserve)

121. Cadets male + 57 kg (3 + 1 reserve)

122. Cadets female open (3 + 1 reserve)

123. Cadets mixed open (3 male & 2 female + 1 male and 1 female reserves)

JUNIORS TEAMS (Juniors + Youths) 16 – 20 years, each match 2 minutes

124. Juniors male open (3 + 1 reserve)

125. Juniors female open (3 + 1 reserve)

126. Juniors mixed open (3 male & 2 female + 1 male and 1 female reserves)

Junior team may include one competitor from cadet category (12 – 15 years)

SENIORS over 21 years, each match 2 minutes

127. Senior male open (5 + 2 reserve)

128. Senior female open (3 + 1 reserve)

129. Senior mixed open (3 male & 2 female + 1 male and 1 female reserves)

Senior team may include one competitor from junior category (16 – 20 years)

VETERANS (over 40 years) Each match 2 minutes

130. Veteran male open (3 + 1 reserve) – Only veterans are allowed to participate (No seniors)