



GENTOFTE KARATE KLUB

FAMILY SUMMERCAMP DENMARK

July Wednesday 7st – Sunday 11th 2010



Guest instructor:
Shihan Sadashige Kato
World Chief instructor IJKA



Guest instructor:
Sensei Latchezar Nenov
Chief instructor IJKA Bulgaria



Guest instructors:
Sensei Svetla and Sensei Milena



The camp is for everybody, kids and adults alike, dad, mom, whom do not practice karate.

Location: [Gunslevholms Idrætsefterskole](#), Stubbekøbingvej 95, 4840 Nr. Alslev, Denmark.

Aside from our guest instructors, our regular instructors will assist when such assistance is required.

There is the possibility of lots of different activities, **for all attendees**, including climbing, fitness, tennis, soccer, basket, golf and beach volley. (As far as climbing goes, instruction is included).

Wednesday: Arrival 15.00-17.00, dinner 18.00, training (Lucho and Svetla) 19.00-20.30

Thur-Friday: 3 x training (Kato, Lucho, Milena and Svetla) every day,

Saturday: Grading Dan/kyu, Instructor training/black belts (Kato and Lucho), **PARTY** 19.00

Sunday: Morning training ☺ (Milena and Svetla) breakfast and departure app. at 11.00

Summer camp responsible and contact person: Carl Sponholtz +45 20877622

Contact for children below, 10 where no adult are present: Mette Ørn +45 27513424

Children attending camp without adult supervision should bring pocket change for sweets and pops.

Remember to bring duvet, sheets or sleeping bag, towels, changing clothes etc.

Cell phones must be switched off during activities and smoking is prohibited indoors and outside!

DKK 1.775= €240 for people who practice karate + additional fee for Dan/kyu grading

DKK 1.375 = €185 for participants who don't practice karate

All meals included during the stay, this includes milk and lemonade + free summer camp T-shirt
Accommodation in single, double or multiple rooms in due regard too patron preference.

Transport to and from summer camp, is not included in latter price!

PS: Do not forget filling out the form on the following page ☺



GENTOFTE KARATE KLUB

REGISTRATIONFORM



FAMILY SUMMER CAMP DENMARK

July Wednesday 7st – Sunday 11th 2010

Hand in the part below to your instructor

Alternately scan and mail to cas@it.dk

Registration no later than Wednesday June 16th, seats are limited!

Payment will be collected together with the subscription for July.

Grading and belt will be collected together with the subscription for August.

In terms of cancellation after June 16th, a payment DKK 500 will be collected together with the subscription for July.

-----Cut and hand over or scan and email-----

Name(s):	T-shirt	Age:	Pos. grade:	Relation:	Phone1:	Phone2:

State T-shirt size as age (7-12) or small, medium, large, ekstra large

Remarks, including special regards for rooms, food, allergy, please state here:

PS.

If you're not a member of Gentofte Karate Klub you can pay by bank transfer:

Danske Bank, reg.: 4190 account: 4206814403

SWIFT-BIC: DABADKKK

IBAN: DK12 3000 4206 8144 03